

Can your child swim?



Children need to learn to swim!

infant



crawler



toddler



child



teen



Most children are ready for swim lessons by age 4.

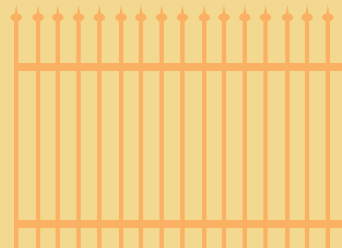
Every year, about **136 children** ages 5-9 drown.
Take steps to protect your child from water hazards
around the home.

Choose safe places to swim, with lifeguards and no rip currents or big surf.



Have a pool?

Be sure you have a **fence around all four sides.**



Assign a **water watcher**

– an adult who will pay constant attention to children in the water.



If you are the water watcher, be sure to:

- Put down your cell phone
- Avoid other activities
- Supervise even if there are lifeguards
- Switch off with another adult for breaks



Make sure your child learns to swim from an experienced and qualified instructor.

Check for lessons at local swim schools, recreation centers, park districts or summer camps.

Learn CPR! It may save your child's life.



Avoid 'floaties.' Instead, children should wear **Coast Guard-approved life jackets** when in and around water.



Use safety gates, or **lock the door to the yard or garage**, to keep your child from going outside unnoticed.



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